

Press Announcement

FOR IMMEDIATE RELEASE

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### **Cooling Center Activated at Team Wellness Center in Eastern Market**

Detroit, MI (June 28, 2018) - Team Wellness Center is opening its doors to the community this weekend as a public cooling center for those seeking relief from the heat. The agency's Eastern Market location at 2925 Russell Street will be open from 9 a.m. - 6 p.m. on Saturday, June 30th and Sunday July 1st.

According to the National Weather Service, weekend temperatures are expected to reach into the upper 90's and the heat index is predicted to exceed 100 degrees.

"Extreme heat can be very dangerous for our members and neighbors," said Pamela Jastrabek, President & COO of Team Wellness Center. "Many of the people in our community do not have air conditioning in their homes or a safe place to go when it gets this hot."

Visitors can cool off in an air-conditioned facility while enjoying popsicles and cold water. They can also play games, watch television, socialize, or just relax while they wait out the heat.

Team Wellness Center also has an overnight program which hosts more than 100 homeless individuals every night. People who have nowhere to go when the cooling center closes for the evening are welcome to stay overnight.

For more information call Team Wellness Center at 313-396-5300.

#### **About Team Wellness Center**

Team Wellness Center enhances the well-being of individuals in Southeast Michigan by providing an array of comprehensive behavioral and physical health services. Team's clinics and programs serve over 6500 members in an environment that promotes quality of life, continuous improvement, and social awareness. To learn more about Team Wellness Center go to [www.teamwellnesscenter.com](http://www.teamwellnesscenter.com).

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