

Press Announcement

FOR IMMEDIATE RELEASE

Contact: Karlton Akins Public Relations Director karlton.akins@t-mhs.com 313-287-6705

## **Team Wellness Center Activates Cooling Centers in Detroit**

Detroit, MI (July 17, 2019) - Team Wellness Center is opening its doors to the community as public cooling centers for those seeking relief from the heat. According to the National Weather Service, Friday and Saturday temperatures are expected to reach into the upper 90's and the heat index is predicted to exceed 100 degrees.

The agency's East location at 6309 Mack Ave. Detroit, MI 48207 will be open from 9 a.m. - 6 p.m. on both Friday, July 19th and Saturday July 20th.

Team's Eastern Market location at 2925 Russell St. Detroit, MI 48207 will be open from 9 a.m. - 6 p.m. on Friday, July 19th.

Visitors can cool off in an air-conditioned facility while enjoying popsicles and cold water. They can also play games, watch television, socialize, or just relax while they wait out the heat.

Team Wellness Center has an overnight program which hosts more than 100 homeless individuals every night at the East location. People who have nowhere to go when the cooling centers close for the evening are welcome to stay overnight.

For more information call Team Wellness Center at 313-396-5300.

## **About Team Wellness Center**

Team Wellness Center enhances the well-being of individuals in Southeast Michigan by providing an array of comprehensive behavioral and physical health services. Team's clinics and programs serve people in an environment that promotes quality of life, continuous improvement, and social awareness. To learn more about Team Wellness Center go to <a href="https://www.teamwellnesscenter.com">www.teamwellnesscenter.com</a>.

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