



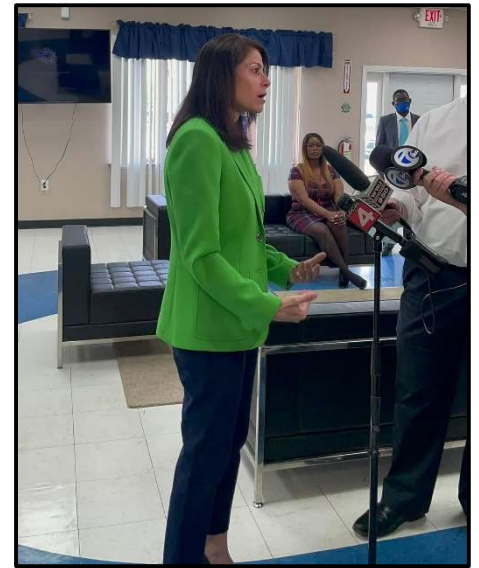
Michigan's Attorney General Visits Team Southgate in Honor of May as National Mental Health Awareness Month

Michigan Attorney General Dana Nessel made a special visit to Team Southgate on Tuesday, May 24th to take a tour of the clinic, learn more about the services available, meet with staff, and talk with members.

May is Mental Health Awareness Month and Nessel joined Team and other agencies around Michigan in calling attention to the importance of addressing mental health issues and early intervention during the month of May.

The Attorney General announced that she would be returning to Southgate and partnering with Team to bring judges, court administrators, and defense attorneys to the clinic to talk about the many programs available to the people of Downriver communities.

Several media outlets attended the tour including WWJ Newsradio, WDIV, and WXYZ.



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Team Wellness Center Hosts Spirit Week During National Mental Health Awareness Month



May was Mental Health Awareness Month and Team Wellness Center took part in the nationwide effort to promote mental wellness and recovery. Team hosted Spirit Week, a week dedicated to celebrating people living with mental illness and recognizing staff who provide mental health services.

Spirit Week was held May 23rd–27th and all 5 Team Wellness Center service sites participated. Each day of Spirit Week had its own theme and staff dressed according to the theme each day.

- Monday, May 23 was Neon Day
- Tuesday, May 24 was TWC Teal & Black Day
- Wednesday, May 25 was Jersey Day
- Thursday, May 26 was Sneaker & Denim Day
- Friday, May 27 was Black Out Friday





COVID-19 Vaccines Available at Team Wellness Center



America is winning the fight against Coronavirus (COVID-19), but the battle is not over yet. In order for us to beat this pandemic and truly get back to normal, people need to get the COVID-19 vaccine.

There are many ways that you or your loved one can get the vaccine including opportunities at Team Wellness Center. Vaccines are available through on-site pharmacies located at our Eastern Market, Team East, and Southgate clinics.

If you are still looking to get a COVID-19 vaccine, contact your case manager today. You can also call us at 888-813-TEAM(8326) and ask to be connected to one of the participating pharmacies.

Staff Arranges Mother's Day Activities for Overnight Moms



Mother's Day is a celebration honoring the influence and impact of mothers in our lives, but many mothers facing mental illness, addiction, and homelessness are often left out. However, the remarkable staff at Team Wellness Center ensured that no mother was forgotten this year.

Care Coordinator Barbara Collins from the Team East clinic led an effort to provide an amazing Mother's Day experience for several members of Team's overnight program. Each mom received a makeover that included clothes, hair, and makeup for the big day.

Team provided transportation so that the moms could attend Mother's Day church services. The moms were also treated to a special Mother's Day dinner prepared just for them.



Partnership Spotlight: Capuchin Soup Kitchen

Founded in 1929, the Capuchin Soup Kitchen serves Metro Detroit by providing food, clothing, and human development programs to the people of the community. The Capuchin Services Center at 6333 Medbury assists 228,000 Detroiters annually with emergency food and clothing.

The two kitchen/dining room sites at 1264 Meldrum and 4390 Conner serve full-course, nutritious meals to hundreds of men, women, and children each day in safe, spacious, and clean settings.

Capuchin also has an array of other programs that include substance abuse recovery, urban farming, spiritual care, food pantry, clothing closet, and after school programs.

Team Wellness Center is proud to partner with Capuchin Soup Kitchen to serve individuals with mental illness and substance use disorders experiencing hunger and homelessness.

Working Together



Watch MI Healthy Mind TV Show



Watch Sundays At Noon
on TV20 Detroit



Watch Sundays at 7:00 a.m.
in Traverse City/Cadillac



Watch Sundays at 8:30 a.m.
on FOX 47/Lansing



Watch Sundays at Noon on WOTV & WXSP in Grand Rapids





Mental Health Counseling and Coping Assistance Available for Disaster Victims Through Team Wellness Center

During the summer of 2021 storms and floods ripped through Metropolitan Detroit causing millions of dollars of damage and property loss. This occurred as individuals and families were already coping with the many negative effects of the COVID-19 pandemic.

Team Wellness Center has joined other agencies across Wayne, Oakland, and Macomb Counties in an effort to help individuals and communities recover from natural and human-caused disasters through community outreach and access to mental health services.

People dealing with the emotional distress of disasters such as these, may be self-medicating with alcohol and other illegal or prescription drugs. If you or someone you know needs help, mental health and substance abuse counseling is available.

A licensed professional counselor, social worker or mental health representative from Team Wellness Center can help with information, referrals, or in-home visits. Anyone needing assistance can call Team Wellness Center 24-hours a day at 888-813-TEAM(8326).

Representatives from Team Wellness Center are also available to provide community education and support, individual and group crisis counseling, assessments, referrals, and other resources. If you would like to have a representative attend your event, meeting, or group; please call Karlton Akins at 313-287-6705.

Have you experienced a disaster?

Disasters, both human-caused and natural, may cause behavioral, emotional, and physical reactions in the people who are affected. Most people who experience a disaster, whether it's through direct or indirect exposure, are affected in some way.

Here are some common reactions to disasters:

- Having trouble falling asleep, staying asleep, sleeping too much, or trouble relaxing
- Noticing an increase or decrease in your energy and activity levels
- Having difficulty talking about what happened or listening to others
- Feeling anxious or fearful
- Being overwhelmed by sadness
- Feeling angry, especially if the event involved violence
- Having headaches or other physical pains for no clear reason
- Being jumpy or easily startled
- Having trouble thinking clearly and concentrating
- Having difficulty making decisions

Are you or a loved one experiencing any of these or other reactions to a recent disaster?

THERE ARE PLACES TO GO FOR HELP

Looking for a Job? Team Can Help!

The Individualized Placements and Supports (IPS) Supportive Employment Program assists members with gaining employment within the community and enrolling in skilled trades training classes.

The program is a Medicaid Approved Service designed to provide members with the opportunity to acquire marketable skills, complete formal trade training, and build work experience.



To enroll call 888-813-TEAM(8326).



Join Team Wellness Center and Team Cares Inc. for the

8th Annual Team Cares Golf Outing

Monday, August 1, 2022

8:30 a.m. Registration

9:00 a.m. Shotgun Start

TPC Michigan

1 Nicklaus Dr.

Dearborn, MI 48120

Foursome: \$800

Dinner Only: \$100

Sponsorship Levels:

Major Sponsor: \$5,000

(Team of four, signage on hole, cart, and logo
Displayed prominently in event program)

Lunch Sponsor \$2,500

(Team of four, signage at lunch, on hole)

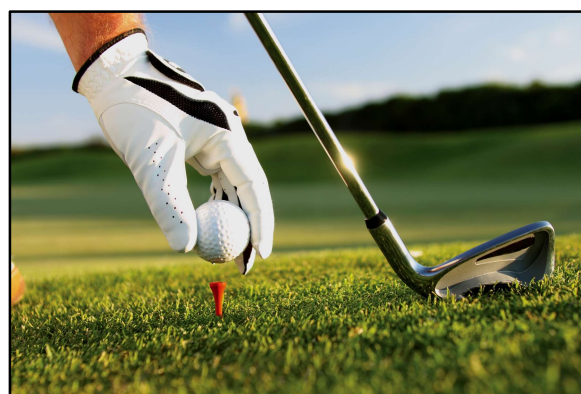
Beverage Cart Sponsor \$1,500

(Team of four, signage on hole)

Hole Sponsor/Foursome: \$900

(Team of four, signage on hole)

All proceeds go to Team Cares Inc.



To register scan the QR code or contact: Shawn Siddall at shawn.siddall@t-mhs.com



When was the Last Time You Saw a Dentist?

Many people avoid going to the dentist because they do not have insurance or an accessible dental clinic in their community. However, doing so can result in poor oral hygiene and small dental problems that can become incredibly painful if not treated. Many studies have shown that poor oral health can be linked to complications with diseases such as heart disease, diabetes, stroke, bacterial pneumonia, and low birth weights. Good oral health is a necessity for good overall health.

Team Wellness Center provides dental services in our Primary Care and Dental clinic located on our Team East campus in Detroit. From exams and routine cleanings to fillings and root canals, we are here to help you keep your teeth healthy and keep you smiling.

Our dentists specialize in the diagnosis, treatment, and prevention of a variety of dental conditions. We use modern technology and techniques to make every visit comfortable and successful.

Services include exams, x-rays, cleanings, fluoride treatments, sealants, fillings, crowns, extraction, root canals, complete & partial dentures, space maintainers, and mouth guards.

Our staff is also experienced in serving individuals with unique dental needs such as: seniors, children (ages 1 and up), people with mental illness, and people with substance use disorders.

Now is a great time to schedule your next visit! To make an appointment call 313-626-2400.

The Children, Teens, & Families Program at Team Wellness Center

Team Wellness Center provides comprehensive behavioral health services for families and children ages 5 to 17. If your child is struggling with unexpected or unexplained behavioral changes, Team can help!

Individual and Family Therapy
Psychiatric Evaluation
Medication Reviews
School Support (IEPs, Behavioral Plans, Truancy)
Parenting Strategies,
Foster Care Support



To make an appointment or for more information, call us today 888-813-TEAM(8326).



Remembering Diante Davis A True Healthcare Hero



Diante Davis exemplified heroism in health care by giving his life to protect patients. On Wednesday, March 30, 2022, Diante was fatally wounded by a shooter while on duty at Team Wellness Center in Detroit.

Diante served as a Mental Health Technician at Team Wellness Center for four years. He took pride in ensuring a safe and secure environment for both staff and patients.

Diante also assisted with the coordination of services and transportation within the community for mental health, primary care, and dental patients. He was certified in Crisis Prevention and Intervention (CPI) and received specialized training in verbal de-escalation.

Diante was a leader in practicing safe physical management methods when responding to individuals with aggressive, assaultive, and challenging behaviors.

Diante will be remembered for serving the healthcare community by protecting some of the most vulnerable patients and he was willing to risk his own life to preserve the safety of other.

Thank you, Diante. You will be greatly missed.



Contact Us

Eastern Market
2925 Russell St.
Detroit, MI 48207
313-396-5300

Team East
6309 Mack Ave.
Detroit, MI 48207
313-331-3435

Team Jefferson
11105 E. Jefferson
Detroit, MI 48214
313-396-5300

Team Southgate
14799 Dix-Toledo Rd.
Southgate, MI 48195
734-324-8326

Primary Care & Dental
6309 Mack Ave.
Detroit, MI 48207
313-626-2400

Team Wellness Center
Tony Pollicella, CEO
Michael Hunter, President
Elizabeth Cichon, Vice President
Karlton Akins, Compass Editor

www.teamwellnesscenter.com



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