

THE COMPASS

Finding your path to WELLNESS



Hospitalization and Hospital Recidivism

We are taught from an early age to call 911 or go to the hospital when we are sick or injured. This is no different for people with mental illness. When a mental health crisis arises, members and their families go to the hospital. This is the case even if the member was recently discharged.

Hospital recidivism is the percentage of members readmitted into inpatient psychiatric units within 30 days of being initially discharged. While hospitals are safe and can provide the appropriate level of care, many members can be better served in a community-based crisis stabilization setting.

Team Wellness Center is committed to assisting our members with decreasing their inpatient hospitalization. Here are a few actions we can take to improve the lives of the members and help them get the care they need while working towards decreasing our hospital recidivism rate:

- Educate members on alternatives to hospitalization in times of crisis, such as the Crisis Stabilization Unit at Team Wellness Center and our crisis phone line, 888-813-Team(8326).
- Reengage members who have recently been discharged from the hospital and members who frequent hospital emergency rooms.
- Increase therapy sessions for members if necessary.
- Educate Adult Foster Care (AFC) staff about our Crisis Stabilization Unit.
- Refer members to a more intensive outpatient program like ACT.
- Most importantly, reach out to your members and let them know we are here for them and we are here to meet all their medical needs.

For more information about the Crisis Stabilization Unit at Team Wellness Center and to make an appointment or referral 24-hours a day, call us at 888-813-TEAM(8326).

To get the help you need, Call:

888-813-TEAM

24 Hours a Day, 7 Days a Week

In this issue...

Coat Drive	Pg. 2
Warming Center	Pg. 2
Safe Point!	Pg. 3
Partner Spotlight	Pg. 4
Member Story	Pg. 5
Staff Recognition	Pg. 6
Event Recaps	Pg. 7
Team Technology	Pg. 8



Thank You to Our Staff and Community Partners for your Support of the Fourth Annual Team Cares Coat Drive



Team Wellness Center in conjunction with Team Cares Inc. held our fourth annual coat drive in 2021. The “Team Cares Coat Drive” officially kicked off on November 1st and ran through December 21st.

Several of our community partners supported the drive by purchasing coats or collecting donations. In addition to coats, some partners also donated hats, gloves, socks, and toiletries. Staff members also donated coats and traveled throughout Wayne County to pick up donations.

The coats and other items are distributed at no cost to adults and children with mental illness and behavioral health conditions. Many of whom are homeless and lack the resources to purchase coats to keep them warm during the winter. More than 500 coats were collected in this year’s coat drive.

Members in need of a coat can contact their case manager directly or call 888-813-TEAM(8326).

Did You Know Team Wellness is a Warming Center?

Team Wellness Center opens the doors of our Eastern Market and Team East clinics to the community each winter as public warming centers for those seeking shelter from the frigid temperatures. When the National Weather Service forecasts extremely cold weather, visitors can warm up in a heated facility and enjoy hot coffee, play games, watch television, socialize, or just relax while they wait out the cold. Stay tune to teamwellnesscenter.com and local news outlets to know when our warming center is activated.

Team Wellness Warming Center Location

Eastern Market
2925 Russell St.
Detroit, MI 48207

Team East
6309 Mack Ave.
Detroit, MI 48207





Introducing Safe Point! A Sterile Syringe Program Partnership

Team Team Wellness Center, Wayne State University, and Wayne Health have launched a new Sterile Syringe Program in Detroit. The partnership and program brings much needed substance use support to the community. Wayne Health Mobile Units come to Team Wellness Center clinics twice a week to provide more than a dozen services.

The program offers sterile needles and disposal of used needles. HIV and Hepatitis C testing and counseling is available, along with other health screenings and referrals to medical services. Hygiene kits, safe use kits, and wound care kits are also available. Team Wellness Center staff are onsite at every Safe Point! event to provide assistance to people looking for substance use treatment.

SAFE POINT!
STERILE SYRINGE PROGRAM

SAFE POINT! offers a variety of harm reduction services to the public in partnership with the Wayne Health Mobile Units.

Services Provided:

- Sterile needles
- Disposal of used/dirty needles
- HIV testing and counseling
- Hepatitis C testing and counseling
- Safe use kits
- Wound care kits
- Hygiene kits
- Linkage to medical services
- Other health screenings

Locations (starting Dec. 1, 2021)

Wednesday's from 5p-7p
Team Wellness Center- East Clinic
(3646 Mt. Elliott, Detroit, MI 48207)

Thursday's from 1p-3p:
Team Wellness Center- Eastern Market Clinic
(2925 Russell St., Detroit, MI 48207)

If you have any questions or comments, please contact the SAFE POINT! team at: 313-577-8385 or safepoint@wayne.edu

 **WAYNE STATE UNIVERSITY**  **TEAM WELLNESS CENTER**  **WAYNE HEALTH**



Partner Spotlight: Molina Healthcare of Michigan

Team Wellness Center is proud to partner with Molina Healthcare of Michigan. As a Medicaid Health Plan, Molina provides Medicaid and other services to a large number of Team members. Molina has also been a partner for events and important community outreach initiatives.

Throughout the COVID-19 pandemic Molina has donated cleaning supplies and Personal Protective Equipment (PPE) to Team's clinics.

In March of 2021, Molina distributed hygiene kits to members at Team's first mobile shower event.

In October of 2021, Molina donated candy, school supplies, hand sanitizer, lip balm, sunglasses, toothbrushes, and bags to Team's community Trunk or Treat events.

In January of 2022 Molina donated 160 blankets to the Team Wellness Center Overnight Program in support of individuals with mental illness and substance use disorders who are also homeless.

Working Together



Team Wellness Center staff pick up blankets from Molina Healthcare of Michigan in Troy.

Watch MI Healthy Mind TV Show



Watch Sundays At Noon
on TV20 Detroit



Watch Sundays at 7:00 a.m.
in Traverse City/Cadillac



Watch Sundays at 8:30 a.m.
on FOX 47/Lansing



Watch Sundays at Noon on WOTV & WXSP in Grand Rapids





Member Story: They Gave Me Hope

A well-known and respected judge recently called Team Wellness Center to complement our staff on the excellent job that they are doing. He was extremely excited to share the story of a member who had appeared in his courtroom that day.

The person told the judge that Team Wellness Center had saved his life. He explained that he is a member of Team and struggles with mental illness and addiction. He admitted that he was still using substances and that he had not been compliant with his treatment.

“So how is Team helping?” asked the judge. The member stated that even though he has failed repeatedly to recover from his addiction, Team Wellness Center has never given up on him. The member told the judge that he had not committed suicide or died in the streets because whenever he is in trouble, he comes back to Team, and they are always there for him.

According to the judge, the member said: “I have not completed my mission to wellness because I still use, and I have not been consistent in my treatment. Team Wellness Center saved my life because they gave me hope. They are the beacon of light that still gives me hope. No matter how many times I fail, I will keep trying to get better.”

The judge was amazed and said that he and his court deeply appreciate all the great work that the staff at Team Wellness Center does to give members hope.

Great job Team!

Looking for a Job? Team Can Help!

The Individualized Placements and Supports (IPS) Supportive Employment Program assists members with gaining employment within the community and enrolling in skilled trades training classes.

The program is a Medicaid Approved Service designed to provide members with the opportunity to acquire marketable skills, complete formal trade training, and build work experience.



To enroll call Beverly Worjloh at 313-331-3435.



Team Wellness Center Staff Recognition

Team Wellness Center honors staff for their long-term commitment to serving our members and the community. Although COVID-19 prevented us from having an all-staff meeting last year, we still want to recognize staff who reached 10 years or more of service in 2021. Thanks to each of you for being pillars and beacons of light on the path of our mission.



Pamela Lamb – More than 20 years

Sara Shields - 20 years

Diana Agemy - 18 years

Aishia Brown-Seabrooks - 18 years

Michael Hunter - 17 years

Leanne Mitchell - 17 years

Shawn Siddall - 17 years

Shantele Hosea - 16 years

Twanette Young - 15 years

Darlene Jones - 14 years

Evelyn Martin - 13 years

Diane Deschamps - 11 years

Cathy Euseary - 11 years

Holly Bennett - 10 years

Elizabeth Cichon - 10 years

Sanaa Dakhlallah - 10 years

Roy Graham - 10 years

Tanika Lewis - 10 years

Tracy Purnell - 10 years

Barbara Smith - 10 years

Chimere Tyler - 10 years

Trunella Williams - 10 years

Beverly Worjloh - 10 years

Thank
you



You're
Amazing



Staff and Members Rally and March in October



On October 28, 2021, Team Wellness Center staff and members participated in two rallies and a march on Mack Avenue in honor of October as Breast Cancer Awareness Month, Mental Health Awareness Month, and Domestic Violence Awareness Month.

The rallies took place at the Team East clinic and the Eastern Market clinic. After the rallies, groups from each location marched down Mack Ave. and met up near the corner of Mack Ave. and Chene St. for words of prayer and encouragement.

Children, Teen, & Families Program Hosts First Trunk or Treat Event

Team Wellness Center held our first ever Trunk or Treat events on Saturday, October 30, 2021. The events took place at Team East and Team Southgate. Children and their families were treated to candy, fun, games, free dental screenings, food, and more!

Several elected officials attended the events including State Senator Stephanie Chang, State Representatives Tyrone Carter and Mary Cavanagh, and Wayne County Commissioner Monique Baker McCormick.

The event was sponsored by Holbrook Auto, Molina Healthcare, and United Healthcare.



Mobile SOS Partnership with Secretary of State



Team Wellness Center is partnering with the Michigan Secretary of State. Team has hosted the SOS Mobile Unit at three outreach events in Detroit and Southgate. So far, 153 members have obtained state I.D.'s through this amazing partnership.

More SOS mobile events will be announced soon. Keep checking teamwellnesscenter.com/events for details.

DENTAL CLINIC

at Team Wellness Center

Page 8



Need to see a dentist? See one at Team!

Services Provided Include:

- Exams
- X-Rays
- Cleanings
- Fluoride Treatments
- Sealants
- Fillings
- Extraction
- Children's Dental (age 1 and up)
- Root Canals
- Crowns
- Complete Dentures
- Removable Partial Dentures
- Space Maintainers
- Mouth Guards
- Referrals to Specialists
- and more!

Hours of Operation:

Monday – Friday
9:00 a.m. – 5:00 p.m.

Location:

3646 Mt. Elliott St. Detroit, MI 48207

How to Reach Us:

To schedule an appointment, call

888-813-TEAM(8326)



Contact Us

Eastern Market
2925 Russell St.
Detroit, MI 48207
313-396-5300

Team East
6309 Mack Ave.
Detroit, MI 48207
313-331-3435

Team Jefferson
11105 E. Jefferson
Detroit, MI 48214
313-396-5300

Team Southgate
14799 Dix-Toledo Rd.
Southgate, MI 48195
734-324-8326

Primary Care & Dental
6309 Mack Ave.
Detroit, MI 48207
313-626-2400

Team Wellness Center
Tony Pollicella, CEO
Michael Hunter, President
Elizabeth Cichon, Vice President
Karlton Akins, Compass Editor

www.teamwellnesscenter.com



Provided for DWIHN